

SDOC Mental Health Referral Process

When should you be concerned about your student?

- Excessive anger, acting out
- A sudden drop in grades
- Episodes of sadness or tearfulness
- Social withdrawal or isolation
- Bullying or being the victim of a bully
- Decreased interest in previously enjoyed activities
- Overly aggressive behavior (biting, kicking, or hitting)
- Sudden excessive truancy or tardiness
- Mood swings
- Development of/or an increase in physical complaints (headaches, stomachache or not feeling well)
- Signs of substance abuse
- Problems in transitions
- Bereavement

School District Approved Community Agencies:

Agencies may be subject to change. It is important to check the current *Statement of Understanding* or verify approved agencies with the MH Team. Therapist can provide services, on site, at home, or at their agency office. On the school site they are required to sign in the blue or black agency binder usually located at front desk or with Guidance. However due to COVID restrictions, therapist are currently not allowed in the schools and are providing counseling virtually.

- Adapt
- Children's Home Society
- Circle of Friends
- CJA Behavioral Services
- Expanding Horizons
- Hispanic Family Counseling
- Impower
- Kinder Konsulting
- Neumind Wellness Group
- North Star Counseling
- Park Place
- SCARF

How to complete a Mental Health Referral:

- Contact your student's school counselor, social worker or school psychologist
- Provide the information to complete the referral which will include any insurance information
- Sign the application
- You may list an agency if you have a preference or we will match you to an agency that carries your insurance and meets the needs of your child most closely
- The agency will contact you by phone to set up an appointment to learn more about your student
- The agreement for services will be between you and the agency

For further questions please call:

Student Services at 407-518-5405 or email SDOCReferrals@osceolaschools.net